



## IMPORTANT INFORMATION

### PLEASE READ

Dear Parent:

Your child has signed up for a Fall sport. **You are receiving this letter because the BCHS Health Office does not have a current physical on file for your child.** Attached, please find a BCSD Sports Update Form and a BCHS Physical Appraisal Form. In order to participate in tryouts, your child must have a physical dated **August 2008 or later**. There are two options for the physical:

<b>A physical performed by YOUR primary care physician.</b>	<b>A physical performed by the school district physician.</b>
This requires the following:	This requires the following:
A BCHS Physical Appraisal Form completed and signed by your child's primary care physician needs to be returned to the BCHS Health Office.	*School physicals are scheduled for May 13, 20 & 28 and are subject to change. A BCHS Sports Update Form completed and signed by parent/guardian must be submitted to the Health Office by <b>May 10, 18 OR 26, 2009</b> . This consents to the school physician to conduct a physical.
You will receive in a summer mailing from the BCHS Athletic Department additional paperwork to finalize the tryout process.	A second BCSD Sports Update Form must be completed and signed by parent/guardian. You will receive this in a summer mailing from the BCHS Athletic Department to finalize the tryout process.
If there is an injury/major illness (ie. Mono) over the summer months, a clearance must be submitted to the BCHS Office from your child's physician in order to be eligible to participate in tryouts.	If there is an injury/major illness (ie. Mono) over the summer months, a clearance must be submitted to the BCHS Office from your child's physician in order to be eligible to participate in tryouts.

All students must have the above paperwork into the BCHS Health Office by **July 31<sup>st</sup>, 2009** before they can participate in tryouts. Be aware, health office is not open during the summer. If you have any questions, please contact the Health Office at 439-4921 X 22940.

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BCHS School Nurses