

NUTRIKIDS

	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 02/01/2012																
Elementary Lunch	Total	100														
Chicken Nuggets WW	Portion	90	289	10	501	2.87	1.92	91.9	591	70	8.56	13.03	24.67	16.18	16.03	*0.00
Fish Nuggets	4 Nuggets	1	349	64	603	1.64	1.70	29.9	62	12	0.39	18.97	35.26	14.76	1.82	*0.00
Mac & Cheese BCSD	.5 CUP	70	219	24	657	0.81	1.07	241.0	410	113	0.2	12.42	22.89	8.46	5.13	*0.00
Seasoned Carrots	1 CUP	1	54	0	86	4.82	0.77	51.1	24715	2584	3.36	0.85	11.29	0.99	0.18	*N/A*
MILK - Variety	HALF PINT	95	142	9	139	0.88	0.50	293.5	482	144	1.72	8.13	21.89	2.59	1.62	*N/A*
PB & J on WW	Sandwich	3	591	0	619	6.59	3.41	83.3	0	0	2.49	20.67	65.03	31.04	6.40	*N/A*
Ham & Amer. Cheese Sandwich	sandwich	2	308	45	1279	2.88	2.75	135.8	134	41	0.0	22.84	35.17	8.71	3.82	*0.01
V*Vegi Pita Pizza	pie	5	489	46	1059	4.18	2.49	708.2	2293	426	58.47	30.18	47.95	19.41	11.09	*0.00
Weighted Daily Average			601	39	1147	4.52	3.26	571.7	1642	328	12.52	30.93	64.54	25.18	20.39	*0.00
% of Calories												20.6%	43.0%	37.7%	30.6%	*0.0%

Thu - 02/02/2012																
Elementary Lunch	Total	100														
Taco Salad w/Beef	Salad	85	429	53	1285	9.41	4.44	346.5	1717	241	19.83	28.25	40.7	17.79	6.48	*0.02
Fish Tacos	serving	1	508	92	988	8.01	2.40	0.0	0	0	0.0	32.0	29.19	32.0	6.80	2.79
Lettuce & Tomato	portion	1	20	0	7	1.87	0.70	24.4	5411	183	10.04	1.2	4.07	0.28	0.04	*N/A*
Cheese-SourCrn-Salsa	1 oz	1	58	10	169	0.19	0.34	140.2	198	40	0.63	4.56	1.77	3.62	2.27	*0.00
Seasoned Black Beans	4 oz	1	307	0	722	6.27	2.99	63.9	220	44	5.82	10.32	23.4	0.67	0.17	*N/A*
Spanish Rice	1/3 CUP	1	73	0	123	0.74	1.03	15.6	204	35	6.24	2.02	14.6	0.76	0.13	*0.00
Asst Fresh Fruit	1 EACH	80	73	0	1	2.92	0.24	16.7	173	23	17.66	0.88	18.87	0.27	0.05	*N/A*
MILK - Variety	HALF PINT	95	142	9	139	0.88	0.50	293.5	482	144	1.72	8.13	21.89	2.59	1.62	*N/A*
PB & J on WW	Sandwich	2	591	0	619	6.59	3.41	83.3	0	0	2.49	20.67	65.03	31.04	6.40	*N/A*
Bologna Sandwich	Sandwich	1	443	48	1268	2.88	3.15	79.6	60	0	12.93	15.07	37.8	26.42	10.03	*1.26
V*Bean-Chs Burrito	burrito	1	496	30	1422	8.55	4.38	498.2	605	121	9.07	26.7	56.44	17.8	8.64	*0.00
Weighted Daily Average			589	56	1285	11.58	4.66	596.6	2123	364	33.11	33.78	73.45	19.24	7.50	*0.06
% of Calories												22.9%	49.9%	29.4%	11.5%	*0.1%

Fri - 02/03/2012																
Elementary Lunch	Total	300														
Thick Crust Round	Round	1	407	13	734	1.55	2.51	243.0	481	96	0.67	13.52	37.79	22.47	6.70	*N/A*
Cheese Blend	Slice	1	235	15	793	0.00	0.77	583.6	1243	249	0.0	18.95	1.44	17.02	4.89	*N/A*
Pepperoni Slices	Round	1	40	8	132	0.00	0.13	1.8	0	0	0.06	1.81	0.0	3.52	1.19	0.13
Tossed Salad	1 CUP	1	32	0	28	2.49	0.62	30.6	3348	475	32.72	1.51	7.2	0.28	0.05	*0.00
Asst Fresh Fruit	1 EACH	80	73	0	1	2.92	0.24	16.7	173	23	17.66	0.88	18.87	0.27	0.05	*N/A*
MILK - Variety	HALF PINT	95	142	9	139	0.88	0.50	293.5	482	144	1.72	8.13	21.89	2.59	1.62	*N/A*
PB & J on WW	Sandwich	2	591	0	619	6.59	3.41	83.3	0	0	2.49	20.67	65.03	31.04	6.40	*N/A*
Tuna Sandwich	SERVINGS	3	285	34	745	1.96	2.69	96.1	165	9	1.29	17.98	33.91	8.1	1.58	*N/A*
Filet-O-BC Fishwich	Sandwich	1	466	69	878	3.58	2.84	202.1	711	92	4.02	25.04	49.45	17.92	5.43	*0.00

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	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			75	4	64	1.15	0.29	102.5	220	55	5.41	3.33	13.05	1.38	0.65	*0.00
% of Calories												17.7%	69.4%	16.6%	7.7%	*0.0%

Mon - 02/06/2012																
Elementary Lunch	Total	300														
Beef Burger WW Bun	Sandwich	75	471	51	1185	4.75	4.42	192.1	3280	170	10.91	23.73	40.24	24.68	10.32	*0.00
Bacon and Cheese	2 slices bacon	1	140	31	581	0.00	0.26	79.8	142	27	0.0	9.07	0.45	11.11	4.99	0.00
Lettuce & Tomato	portion	1	20	0	7	1.87	0.70	24.4	5411	183	10.04	1.2	4.07	0.28	0.04	*N/A*
Sweet Potato Wedges	portions 4oz	1	82	0	33	2.99	0.63	34.5	17434	1979	17.78	1.82	18.79	0.14	0.03	*N/A*
Asst Fresh Fruit	1 EACH	80	73	0	1	2.92	0.24	16.7	173	23	17.66	0.88	18.87	0.27	0.05	*N/A*
MILK - Variety	HALF PINT	95	142	9	139	0.88	0.50	293.5	482	144	1.72	8.13	21.89	2.59	1.62	*N/A*
PB & J on WW	Sandwich	10	591	0	619	6.59	3.41	83.3	0	0	2.49	20.67	65.03	31.04	6.40	*N/A*
Turkey Sandwich	Sandwich	5	301	40	1271	2.88	2.66	138.3	134	41	0.71	22.66	37.15	7.66	3.60	*N/A*
V*Vegi Burger	burger	10	462	28	1489	4.82	4.32	277.9	2776	161	8.07	30.36	41.68	19.95	6.75	*0.00
Weighted Daily Average			223	17	434	2.69	1.64	160.2	1190	108	8.44	10.86	26.28	8.93	3.62	*0.00
% of Calories												19.5%	47.1%	36.0%	14.6%	*0.0%

Tue - 02/07/2012																
Elementary Lunch	Total	300														
Spaghetti & Meat Sc.	1 CUP	75	348	52	506	2.58	4.22	55.3	253	64	5.46	20.93	37.37	12.36	4.67	*0.72
Bosco Cheese Sticks	stick	1	117	5	391	1.81	1.22	135.7	464	93	7.88	6.32	16.66	3.15	1.03	*0.00
Tossed Salad	1 CUP	1	32	0	28	2.49	0.62	30.6	3348	475	32.72	1.51	7.2	0.28	0.05	*0.00
Asst Fresh Fruit	1 EACH	80	73	0	1	2.92	0.24	16.7	173	23	17.66	0.88	18.87	0.27	0.05	*N/A*
MILK - Variety	HALF PINT	95	142	9	139	0.88	0.50	293.5	482	144	1.72	8.13	21.89	2.59	1.62	*N/A*
PB & J on WW	Sandwich	6	591	0	619	6.59	3.41	83.3	0	0	2.49	20.67	65.03	31.04	6.40	*N/A*
Salami Sandwich WW	Sandwich	4	364	50	1158	2.88	3.77	57.5	0	0	0.0	15.27	35.76	18.18	7.55	*N/A*
V*Vegetable Pasta	portions (8 oz)	1	512	17	245	4.45	3.44	263.4	3236	553	20.14	19.33	73.34	15.49	4.30	*0.22
Weighted Daily Average			170	17	201	1.90	1.41	115.1	286	71	6.87	8.75	23.41	4.91	1.94	*0.18
% of Calories												20.5%	55.0%	25.9%	10.3%	*1.0%

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Wed - 02/08/2012																
Elementary Lunch	Total	1														
Popcorn Chicken	3.06 oz portion	1	238	32	460	0.00	1.56	34.7	119	24	0.0	11.28	14.21	15.12	3.16	0.00
Sweet & Sour Sauce	2 TBSP	1	25	0	72	0.14	0.16	5.1	51	10	2.15	0.46	5.47	0.09	0.02	*0.00
Fried Rice	3/4 CUP	1	455	97	287	2.32	5.42	52.7	1801	274	2.43	11.92	89.06	4.37	1.17	*N/A*
Stir Fry Broccoli	1 oz	1	14	0	63	0.78	0.25	14.5	200	48	25.7	0.89	2.91	0.12	0.01	*N/A*
Fourtune Cookie	1 each	1	50	*N/A*	75	0.25	0.36	50.0	0	0	0.0	0.5	9.0	1.5	0.50	0.00
MILK - Variety	HALF PINT	1	142	9	139	0.88	0.50	293.5	482	144	1.72	8.13	21.89	2.59	1.62	*N/A*
PB & J on WW	Sandwich	1	591	0	619	6.59	3.41	83.3	0	0	2.49	20.67	65.03	31.04	6.40	*N/A*
Bologna Sandwich	Sandwich	1	443	48	1268	2.88	3.15	79.6	60	0	12.93	15.07	37.8	26.42	10.03	*1.26
V*Hummus Plate	portions (4 oz)	1	346	0	1178	14.75	2.99	83.5	165	29	8.38	13.01	44.06	13.66	2.20	*0.00
Weighted Daily Average			2304	*186	4161	28.59	17.80	697.0	2878	530	55.80	81.92	289.43	94.91	25.11	*1.26
% of Calories												14.2%	50.3%	37.1%	9.8%	*0.5%

Thu - 02/09/2012																
Elementary Lunch	Total	1														
Beef & Cheese Quesadilla	1 each	1	490	53	1536	9.90	4.86	337.2	1716	235	19.83	31.04	55.11	16.17	6.68	*0.00
Lettuce & Tomato	portion	1	20	0	7	1.87	0.70	24.4	5411	183	10.04	1.2	4.07	0.28	0.04	*N/A*
Cheese-SourCrm-Salsa	1 oz	1	58	10	169	0.19	0.34	140.2	198	40	0.63	4.56	1.77	3.62	2.27	*0.00
Seasoned Black Beans	4 oz	1	307	0	722	6.27	2.99	63.9	220	44	5.82	10.32	23.4	0.67	0.17	*N/A*
Mexican Rice	1/2 CUP	1	172	0	297	2.41	1.52	22.3	199	40	2.62	5.22	27.93	1.28	0.28	*0.00
Asst Fresh Fruit	1 EACH	1	73	0	1	2.92	0.24	16.7	173	23	17.66	0.88	18.87	0.27	0.05	*N/A*
MILK - Variety	HALF PINT	1	142	9	139	0.88	0.50	293.5	482	144	1.72	8.13	21.89	2.59	1.62	*N/A*
PB & J on WW	Sandwich	1	591	0	619	6.59	3.41	83.3	0	0	2.49	20.67	65.03	31.04	6.40	*N/A*
Ham & Amer. Cheese Sandwich	sandwich	1	308	45	1279	2.88	2.75	135.8	134	41	0.0	22.84	35.17	8.71	3.82	*0.01
V*Bean-Chs Quesadilla	burrito	1	496	30	1422	8.55	4.38	498.2	605	121	9.07	26.7	56.44	17.8	8.64	*0.00
Weighted Daily Average			2656	148	6192	42.47	21.68	1615.5	9139	870	69.88	131.56	309.67	82.44	29.96	*0.01
% of Calories												19.8%	46.6%	27.9%	10.2%	*0.0%

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Fri - 02/10/2012																
Elementary Lunch	Total	102														
French Bread Pizza	Round	1	407	13	734	1.55	2.51	243.0	481	96	0.67	13.52	37.79	22.47	6.70	*N/A*
Cheese Blend	Slice	1	235	15	793	0.00	0.77	583.6	1243	249	0.0	18.95	1.44	17.02	4.89	*N/A*
Buffalo Chix Style	Round	1	73	50	416	0.03	0.66	6.6	113	15	0.61	10.46	0.64	3.02	0.80	*0.00
Macaroni Salad	1/2 CUP	1	131	6	577	1.16	0.96	18.0	413	61	0.45	3.37	22.39	3.05	0.50	*0.00
Asst Fresh Fruit	1 EACH	80	73	0	1	2.92	0.24	16.7	173	23	17.66	0.88	18.87	0.27	0.05	*N/A*
MILK - Variety	HALF PINT	95	142	9	139	0.88	0.50	293.5	482	144	1.72	8.13	21.89	2.59	1.62	*N/A*
PB & J on WW	Sandwich	2	591	0	619	6.59	3.41	83.3	0	0	2.49	20.67	65.03	31.04	6.40	*N/A*
Tuna Sandwich	SERVINGS	3	285	34	745	1.96	2.69	96.1	165	9	1.29	17.98	33.91	8.1	1.58	*N/A*
Filet-O-BC Fishwich	Sandwich	1	466	69	878	3.58	2.84	202.1	711	92	4.02	25.04	49.45	17.92	5.43	*0.00
Weighted Daily Average			222	11	198	3.36	0.88	301.3	619	157	15.59	9.90	38.55	4.09	1.90	*0.00
% of Calories												17.8%	69.3%	16.6%	7.7%	*0.0%

Mon - 02/13/2012																
Elementary Lunch	Total	300														
Grilled Beef Hot Dog	Dog	70	346	30	1236	2.09	2.45	73.1	265	29	4.28	11.9	34.44	18.94	6.67	*0.00
Sausage & Peppers	1 each	1	610	51	2152	3.40	3.35	489.0	1679	333	7.34	33.94	29.35	39.72	11.29	*N/A*
Cheese Dog Sauce	2 TBSP	1	64	6	199	0.05	0.10	148.3	291	60	0.39	4.81	5.6	2.56	1.22	*0.00
Seasoned Corn	1 CUP	1	134	0	2	3.96	0.78	5.0	328	36	5.78	4.21	31.85	1.11	0.17	*N/A*
Potato Puffs	1 CUP	1	243	0	614	3.20	0.82	17.9	6	3	8.06	2.62	35.52	11.03	2.33	*N/A*
Asst Fresh Fruit	1 EACH	80	73	0	1	2.92	0.24	16.7	173	23	17.66	0.88	18.87	0.27	0.05	*N/A*
MILK - Variety	HALF PINT	95	142	9	139	0.88	0.50	293.5	482	144	1.72	8.13	21.89	2.59	1.62	*N/A*
PB & J on WW	Sandwich	5	591	0	619	6.59	3.41	83.3	0	0	2.49	20.67	65.03	31.04	6.40	*N/A*
Turkey Sandwich	Sandwich	10	301	40	1271	2.88	2.66	138.3	134	41	0.71	22.66	37.15	7.66	3.60	*N/A*
V*Hot Pocket Ital	Pocket (5o	15	337	11	842	5.96	3.92	210.7	814	91	7.88	16.22	49.76	9.45	3.18	*0.00
Weighted Daily Average			185	12	437	2.08	1.15	133.2	314	66	6.78	7.65	25.15	6.74	2.52	*0.00
% of Calories												16.5%	54.3%	32.7%	12.2%	*0.0%

Tue - 02/14/2012																
Elementary Lunch	Total	300														
Grilled Cheese on WW	Sandwich	80	424	64	1228	2.88	2.31	366.4	662	144	0.0	18.94	35.32	24.0	14.15	*0.00
Goldfish Cheddar	1.1 oz	70	140	5	250	1.00	0.36	40.0	0	0	0.0	4.0	20.0	5.0	1.00	0.00
Tomato Soup	8 oz	70	165	0	1335	3.65	0.66	0.0	732	146	8.78	3.65	34.75	1.81	0.91	*N/A*
Carrots & Dip	1 oz	1	18	1	61	0.84	0.28	16.5	3915	392	0.86	0.4	3.06	0.44	0.12	*0.00
Asst Fresh Fruit	1 EACH	80	73	0	1	2.92	0.24	16.7	173	23	17.66	0.88	18.87	0.27	0.05	*N/A*
MILK - Variety	HALF PINT	95	142	9	139	0.88	0.50	293.5	482	144	1.72	8.13	21.89	2.59	1.62	*N/A*
PB & J on WW	Sandwich	5	591	0	619	6.59	3.41	83.3	0	0	2.49	20.67	65.03	31.04	6.40	*N/A*
Gril Ham & Cheese	sandwich	15	379	62	1340	2.88	2.67	214.3	386	118	0.0	23.34	35.3	16.61	8.95	*0.01
Weighted Daily Average			278	24	819	3.17	1.27	216.6	579	132	7.35	11.16	37.01	10.23	5.30	*0.00
% of Calories												16.1%	53.3%	33.2%	17.2%	*0.0%

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Wed - 02/15/2012																
Elementary Lunch	Total	100														
Chicken Patty Sand	Sandwich	90	452	56	1105	3.89	3.37	161.2	675	78	3.82	23.27	44.14	20.32	5.99	*0.00
Buffalo Fish Sandwich	Sandwich	1	520	70	1152	6.59	3.32	182.1	711	92	4.02	27.04	48.05	25.92	7.84	*1.39
Lettuce & Tomato	portion	65	20	0	7	1.87	0.70	24.4	5411	183	10.04	1.2	4.07	0.28	0.04	*N/A*
Steak Fries Parmesan	each order	80	55	0	26	0.85	0.29	11.3	4	1	4.52	1.24	10.16	1.45	0.36	*0.00
Vegetable Medly	1 CUP	1	118	0	64	8.01	1.49	45.5	7784	779	5.82	5.21	23.82	0.27	0.06	*N/A*
Asst Fresh Fruit	1 EACH	80	73	0	1	2.92	0.24	16.7	173	23	17.66	0.88	18.87	0.27	0.05	*N/A*
MILK - Variety	HALF PINT	95	142	9	139	0.88	0.50	293.5	482	144	1.72	8.13	21.89	2.59	1.62	*N/A*
PB & J on WW	Sandwich	3	591	0	619	6.59	3.41	83.3	0	0	2.49	20.67	65.03	31.04	6.40	*N/A*
Bologna Sandwich	Sandwich	1	443	48	1268	2.88	3.15	79.6	60	0	12.93	15.07	37.8	26.42	10.03	*1.26
V*Broccoli Pita Pizza	pie	1	488	45	783	2.60	2.12	697.6	618	132	28.27	28.83	42.15	22.41	11.51	*0.00
Weighted Daily Average			691	61	1204	8.96	4.60	474.7	4817	355	29.92	32.53	89.86	23.99	7.77	*0.03
% of Calories												18.8%	52.0%	31.3%	10.1%	*0.0%

Thu - 02/16/2012																
Elementary Lunch	Total	1														
Breakfast For Lunch	day	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
French Toast Stks	slice	1	415	*0	454	*2.00	*1.82	*61.4	179	36	*0.0	6.0	62.76	16.44	3.84	*0.00
Fresh Apple Sauce	1 CUP	1	129	0	5	4.53	0.31	21.6	99	9	8.38	0.5	34.02	0.31	0.06	*0.00
Sausage Patty	patties (2)	1	90	18	231	0.00	0.00	12.1	42	8	0.0	4.52	0.75	7.54	2.87	0.00
Asst Fresh Fruit	1 EACH	1	73	0	1	2.92	0.24	16.7	173	23	17.66	0.88	18.87	0.27	0.05	*N/A*
MILK - Variety	HALF PINT	1	142	9	139	0.88	0.50	293.5	482	144	1.72	8.13	21.89	2.59	1.62	*N/A*
PB & J on WW	Sandwich	1	591	0	619	6.59	3.41	83.3	0	0	2.49	20.67	65.03	31.04	6.40	*N/A*
Salami Sandwch WW	Sandwich	1	364	50	1158	2.88	3.77	57.5	0	0	0.0	15.27	35.76	18.18	7.55	*N/A*
Weighted Daily Average			1804	*78	2607	*19.81	*10.05	*546.2	976	220	*30.26	55.97	239.08	76.38	22.38	*0.00
% of Calories												12.4%	53.0%	38.1%	11.2%	*0.0%

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NUTRIKIDS

	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 02/17/2012																
Elementary Lunch	Total	300														
Thick Crust Round	Round	1	407	13	734	1.55	2.51	243.0	481	96	0.67	13.52	37.79	22.47	6.70	*N/A*
Cheese Blend	Slice	1	235	15	793	0.00	0.77	583.6	1243	249	0.0	18.95	1.44	17.02	4.89	*N/A*
Sausage Topping	Round	1	98	16	342	0.03	0.41	6.0	5	0	0.03	5.42	1.21	7.74	2.74	*N/A*
Tossed Salad	1 CUP	1	32	0	28	2.49	0.62	30.6	3348	475	32.72	1.51	7.2	0.28	0.05	*0.00
Asst Fresh Fruit	1 EACH	80	73	0	1	2.92	0.24	16.7	173	23	17.66	0.88	18.87	0.27	0.05	*N/A*
MILK - Variety	HALF PINT	95	142	9	139	0.88	0.50	293.5	482	144	1.72	8.13	21.89	2.59	1.62	*N/A*
PB & J on WW	Sandwich	2	591	0	619	6.59	3.41	83.3	0	0	2.49	20.67	65.03	31.04	6.40	*N/A*
Tuna Sandwich	SERVINGS	3	285	34	745	1.96	2.69	96.1	165	9	1.29	17.98	33.91	8.1	1.58	*N/A*
Filet-O-BC Fishwich	Sandwich	1	466	69	878	3.58	2.84	202.1	711	92	4.02	25.04	49.45	17.92	5.43	*0.00
Weighted Daily Average			75	4	65	1.15	0.30	102.5	220	55	5.41	3.34	13.06	1.40	0.65	*0.00
% of Calories												17.7%	69.3%	16.7%	7.8%	*0.0%

Mon - 02/20/2012																
Elementary Lunch	Total	1														
President's Day	SERVING	1	0	0	0	0.00	0.00	0.0	0	0	0.0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	0.00	0.00	0.00
% of Calories												0.0%	0.0%	0.0%	0.0%	0.0%

Tue - 02/21/2012																
Elementary Lunch	Total	1														
February Recess	day	1	0	0	0	0.00	0.00	0.0	0	0	0.0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	0.00	0.00	0.00
% of Calories												0.0%	0.0%	0.0%	0.0%	0.0%

Wed - 02/22/2012																
Elementary Lunch	Total	1														
February Recess	day	1	0	0	0	0.00	0.00	0.0	0	0	0.0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	0.00	0.00	0.00
% of Calories												0.0%	0.0%	0.0%	0.0%	0.0%

Thu - 02/23/2012																
Elementary Lunch	Total	1														
February Recess	day	1	0	0	0	0.00	0.00	0.0	0	0	0.0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	0.00	0.00	0.00
% of Calories												0.0%	0.0%	0.0%	0.0%	0.0%

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NUTRIKIDS

	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 02/24/2012																
Elementary Lunch	Total	1														
February Recess	day	1	0	0	0	0.00	0.00	0.0	0	0	0.0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	0.00	0.00	0.00
% of Calories												0.0%	0.0%	0.0%	0.0%	0.0%

Mon - 02/27/2012																
Elementary Lunch	Total	300														
Beef Burger WW Bun	Sandwich	75	471	51	1185	4.75	4.42	192.1	3280	170	10.91	23.73	40.24	24.68	10.32	*0.00
Bacon and Cheese	2 slices bacon	1	140	31	581	0.00	0.26	79.8	142	27	0.0	9.07	0.45	11.11	4.99	0.00
Lettuce & Tomato	portion	1	20	0	7	1.87	0.70	24.4	5411	183	10.04	1.2	4.07	0.28	0.04	*N/A*
Sweet Potato Wedges	portions 4o	1	82	0	33	2.99	0.63	34.5	17434	1979	17.78	1.82	18.79	0.14	0.03	*N/A*
Asst Fresh Fruit	1 EACH	80	73	0	1	2.92	0.24	16.7	173	23	17.66	0.88	18.87	0.27	0.05	*N/A*
MILK - Variety	HALF PINT	95	142	9	139	0.88	0.50	293.5	482	144	1.72	8.13	21.89	2.59	1.62	*N/A*
PB & J on WW	Sandwich	10	591	0	619	6.59	3.41	83.3	0	0	2.49	20.67	65.03	31.04	6.40	*N/A*
Turkey Sandwich	Sandwich	5	301	40	1271	2.88	2.66	138.3	134	41	0.71	22.66	37.15	7.66	3.60	*N/A*
V*Vegi Burger	burger	10	462	28	1489	4.82	4.32	277.9	2776	161	8.07	30.36	41.68	19.95	6.75	*0.00
Weighted Daily Average			223	17	434	2.69	1.64	160.2	1190	108	8.44	10.86	26.28	8.93	3.62	*0.00
% of Calories												19.5%	47.1%	36.0%	14.6%	*0.0%

Tue - 02/28/2012																
Elementary Lunch	Total	100														
Taco Salad w/Beef	Salad	85	429	53	1285	9.41	4.44	346.5	1717	241	19.83	28.25	40.7	17.79	6.48	*0.02
Fish Tacos	serving	1	508	92	988	8.01	2.40	0.0	0	0	0.0	32.0	29.19	32.0	6.80	2.79
Lettuce & Tomato	portion	1	20	0	7	1.87	0.70	24.4	5411	183	10.04	1.2	4.07	0.28	0.04	*N/A*
Cheese-SourCrm-Salsa	1 oz	1	58	10	169	0.19	0.34	140.2	198	40	0.63	4.56	1.77	3.62	2.27	*0.00
Seasoned Black Beans	4 oz	1	307	0	722	6.27	2.99	63.9	220	44	5.82	10.32	23.4	0.67	0.17	*N/A*
Spanish Rice	1/3 CUP	1	73	0	123	0.74	1.03	15.6	204	35	6.24	2.02	14.6	0.76	0.13	*0.00
Asst Fresh Fruit	1 EACH	80	73	0	1	2.92	0.24	16.7	173	23	17.66	0.88	18.87	0.27	0.05	*N/A*
MILK - Variety	HALF PINT	95	142	9	139	0.88	0.50	293.5	482	144	1.72	8.13	21.89	2.59	1.62	*N/A*
PB & J on WW	Sandwich	2	591	0	619	6.59	3.41	83.3	0	0	2.49	20.67	65.03	31.04	6.40	*N/A*
Bologna Sandwich	Sandwich	1	443	48	1268	2.88	3.15	79.6	60	0	12.93	15.07	37.8	26.42	10.03	*1.26
V*Bean-Chs Burrito	burrito	1	496	30	1422	8.55	4.38	498.2	605	121	9.07	26.7	56.44	17.8	8.64	*0.00
Weighted Daily Average			589	56	1285	11.58	4.66	596.6	2123	364	33.11	33.78	73.45	19.24	7.50	*0.06
% of Calories												22.9%	49.9%	29.4%	11.5%	*0.1%

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NUTRIKIDS

	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 02/29/2012																
Elementary Lunch	Total	100														
Chicken Nuggets WW	Portion	90	289	10	501	2.87	1.92	91.9	591	70	8.56	13.03	24.67	16.18	16.03	*0.00
Fish Nuggets	4 Nuggets	1	349	64	603	1.64	1.70	29.9	62	12	0.39	18.97	35.26	14.76	1.82	*0.00
Mac & Cheese BCSD	.5 CUP	70	219	24	657	0.81	1.07	241.0	410	113	0.2	12.42	22.89	8.46	5.13	*0.00
Steamed Broccoli	1 CUP	1	52	0	20	5.52	1.12	60.7	1860	348	73.78	5.7	9.84	0.22	0.03	*N/A*
Asst Fresh Fruit	1 EACH	80	73	0	1	2.92	0.24	16.7	173	23	17.66	0.88	18.87	0.27	0.05	*N/A*
MILK - Variety	HALF PINT	95	142	9	139	0.88	0.50	293.5	482	144	1.72	8.13	21.89	2.59	1.62	*N/A*
PB & J on WW	Sandwich	3	591	0	619	6.59	3.41	83.3	0	0	2.49	20.67	65.03	31.04	6.40	*N/A*
Ham & Amer. Cheese Sandwich	sandwich	2	308	45	1279	2.88	2.75	135.8	134	41	0.0	22.84	35.17	8.71	3.82	*0.01
V*Vegi Pita Pizza	pie	5	489	46	1059	4.18	2.49	708.2	2293	426	58.47	30.18	47.95	19.41	11.09	*0.00
Weighted Daily Average			659	39	1147	6.86	3.45	585.1	1552	323	27.35	31.69	79.62	25.38	20.43	*0.00
% of Calories												19.2%	48.3%	34.7%	27.9%	*0.0%

Weighted Average			709	*48	1355	*9.53	*4.92	*435.9	1867	257	*22.26	31.13	88.87	25.83	10.08	*0.10
												17.6%	50.1%	32.8%	12.8%	*0.1%

Nutrient	Menu AVG	% of Cals	Target	% of Target	Miss Data	Shortfall	Error Messages (if any)
Calories	709		645	110%			
Cholesterol (mg)	48				Missing		
Sodium (mg)	1355						
Fiber (g)	9.53				Missing		
Iron (mg)	4.92		3.30	149%	Missing		
Calcium (mg)	435.9		267.00	163%	Missing		
Vitamin A (IU)	1867		1055	177%			
Vitamin A (RE)	257		211	122%			
Vitamin C (mg)	22.26		15.00	148%	Missing		
Protein (g)	31.13	17.56%	8.87	351%			
Carbohydrate (g)	88.87	50.14%					
Total Fat (g)	25.83	32.79%	<=30.00%				Correction Required - Total Fat too High
Saturated Fat (g)	10.08	12.79%	<10.00%				Correction Required - Sat. Fat too High
Trans Fat (g)	0.10	0.13%			Missing		

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