






# Farm to You Fest



Monday 18	Tuesday 19	Wednesday 20	Thursday 21	Friday 22
<p>Beef Burger with Fresh Lettuce &amp; Tomato on whole wheat bun</p> <p>Potato Puffs Corn</p> <p>Fresh Apples &amp; Pears</p>  <p>Milk - Variety</p> <p>PB &amp; J on ww</p> <p>Turkey &amp; Cheese Sandwich</p>	<p>Loaded Mexican Spuds with Fresh Salsa, Black Beans &amp; Corn</p> <p>Fresh Broccoli</p>  <p>Fresh Apples &amp; Pears</p> <p>Milk - Variety</p> <p>PB &amp; J on ww</p> <p>Ham &amp; American Chz</p> <p>V* Loaded Spud</p>	<p>Chicken Nuggets</p> <p>Macaroni and Cheese</p>  <p>Fresh Carrot Sticks</p> <p>Fresh Apples &amp; Pears</p> <p>Milk - Variety</p> <p>PB &amp; J on ww</p> <p>Ham &amp; American Chz</p> <p>V* Veggie Pita Pizza with Fresh Peppers, Onions &amp; Broccoli</p>	<p>Grilled Cheese on whole wheat</p> <p>Cheddar Goldfish</p>  <p>Homemade Tomato Soup</p> <p>Fresh Apples &amp; Pears</p> <p>Milk - Variety</p> <p>PB &amp; J on ww</p> <p>Grilled Ham &amp; Cheese Sandwich</p>	<p>Cheese or Hawaiian Pizza with Soft Crust</p> <p>Pasta Salad with Fresh Tomato, Peppers, Carrots &amp; Onion</p>  <p>Fresh Apples &amp; Pears</p> <p>Milk - Variety</p> <p>PB &amp; J on whole wheat</p> <p>Tuna Salad Sandwich</p>

The Fresh Produce on this menu comes from the following farms:



Brizzell Farms  
Joseph DiSalvo Farms  
Fowler Bros.  
Indian Ladder  
Juliano Farms  
Klienkill Farms  
Pray Farms  
Yonder Farms  
Wertman Farms

Melrose NY  
Phoenix NY  
Walcott NY  
Altamont NY  
Utica NY  
Hudson NY  
Plattsburg NY  
Hudson NY  
Melrose NY